

MONDAY					TUESDAY					WEDNESDAY				
ROOM 1	ROOM 2	ROOM 3	ROOM 4	Room 5	ROOM 1	ROOM 2	ROOM 3	ROOM 4	Room 5	ROOM 1	ROOM 2	ROOM 3	Room 4	ROOM 5
10-11am INTRO BALLET 4yrs. Kara M	9:30-10:30a JUMP-STARTS 2yrs. Charlene				10-11am MOVEMT 2.5-3yrs. Sandra	9:30-10:30 JUMP-STARTS 2-3yrs. Charlene	10-11am INTRO BALLET 4yrs. Chasta	10-11am KICKBOX-ING OPEN Emily S		10-11am MOVEMT 2.5-3yrs Sandra J	10-11am TUMBLE & TWIRL 3-4yrs. Kara M			
11-12pm MOVEMT 2.5-3yrs. Kara M	10:30-11:30a KIDS IN MOTION 3yrs. Charlene				11-12pm INTRO BALLET 4yrs. Sandra	10:30-11:30am KIDS IN MOTION 3yrs. Charlene	11-12pm MOVEMT 2.5-3yrs Chasta			11-12pm INTRO BALLET 4yrs. Sandra J	11-12pm TUMBLE & TWIRL 3-4yrs. Kara M			
1-2pm INTRO BALLET 4yrs. Kara M	11:30-12:30p THEATRIC BALLET 4yrs. Charlene				1-2pm MOVEMT 2.5-3yrs. Sandra	11:30-12:30pm JUMP-STARTS 2yrs. Charlene				1-2pm INTRO BALLET 4yrs. Sandra J	1-2pm MOVEMT 2.5-3yrs. Kara M			
2-3pm MOVEMT 2.5-3yrs. Kara M					2-3:15p B/T/J 5-6yrs. Sandra		12:30-1:30 KIDS IN MOTION 3yrs. Charlene	3:15-4:15pm ACRO OPEN Summer		2-3pm INTRO BALLET 4yrs. Sandra J	2-3pm MOVEMT 2.5-3yrs. Eileen J	3-4pm BALLET Privates, (by apt only) Eileen J		
4:15-5:30p B/T/J II 5-6yrs. Sandra				4:15-5:30p B/T/J 5-6yrs. Melissa F	4-5:15p B/T/J II 5-6yrs. Sandra	-CORE- 4:15-5:15p Teen Tap Emily S	4:15-5:15p INT JAZZ 7-11yrs. Melissa F	4:15-5:15p BEG ACRO Gr. 1-7 Summer		4:15-5:30 B/T/J 5-6yrs. Sandra J	-CORE- 4:15-5:15 Mini II Tap Emily S	4:15-5:30 B/T/J II 7-10yrs. Melissa F	4:15-5:30 B/T/J II 5-6yrs. Summer J	4:15-5pm BEG BALLET 7-10yrs. Eileen J
5:30-6:45p B/T/J 5-6yrs. Sandra	-CORE- 5pm-6pm Junior Tap Emily S	5:00-6:00pm INTRO BALLET 4yrs. Ashley	-CORE- 5pm-6pm Senior II Jazz Christy C	5:30-6:30 BEG LYRICAL/ JAZZ Melissa F 12+yrs	5:15-6:30p B/T/J 5-6yrs. Sandra J	-CORE- 5:15-6:15 Mini I Tap Emily S	5:15-6:15p INT BALLET 7-11yrs. Adrienne M	-CORE- 5:15-6:15 Mini II Jazz Summer J	5:00-6:00pm ADULT ZUMBA OPEN Amy Y	5:30-6:15 INTRO BALLET 4yrs. Sandra J	5:15-6pm BEG HIP HOP 6-9yrs. Emily S	5:30-6:30 Floor Barre & Core Fusion OPEN Crystal D	-CORE- 5:30-6:30 Junior & Mini II Guest	5:00-6:00 BEG BALLET 11yrs.+ Eileen J *no gala
	-CORE- 6pm-7pm Senior I Tap Emily S	-CORE- 6pm-7pm Junior Ballet Adrienne	-CORE- 6pm-7pm Senior III Jazz Christy C	6:45-7:30p BEG HIP HOP 6-9yrs. Melissa F	6:30-7:15p HIP HOP FUSION COMPANY 12yrs. + Tara C & Melissa F <i>*Audition Required</i>	6:15-7:15pm ACRO SENIOR ADV Summer J	6:15-7:15p Mini II Ballet Adrienne	-CORE- 6:15-7:15p Teen Jazz Christy C	-CORE- 6:15-7:15p Mini I Jazz Brooke R	6:15-7:00 INT HIP HOP 7-11yrs. Brooke	-CORE- 6pm-7pm Senior Tap Choreo Emily S	6pm-7pm INT JAZZ 12yrs. + Adrienne <i>*Ballet class suggested</i>	-CORE- 6:30-7:30pm Teen Guest	6:30-7:30 ACRO INT Summer
-CORE- 7pm-8:30 Senior I Ballet	-CORE- 7pm-8:30 Senior II Ballet	-CORE- 7pm-8:30 Senior III Ballet	-CORE- 7pm-8pm Junior Jazz Christy C	7:30-8:30 INT LYRICAL/ JAZZ 12yrs. + Melissa F <i>*Ballet class</i>	7:15-8:15p INT HIP HOP 12yrs. + Melissa F	7:15-8:15pm ACRO INTERMED Summer J	7:15-8:45 Teen Ballet Adrienne	-CORE- 7:15-8:15p Senior II Jazz Christy C	7:15-8:00p BEG LYRICAL 7-11yrs. Emily S	-CORE- 7:00-8:30p Senior I Ballet	-CORE- 7pm-8:30 Senior II Ballet	-CORE- 7-8:30p Senior III Ballet	7:30-8:30 ACRO JR ADV Summer	7:30-8:30 INT BALLET 11yrs.+ Eileen J *no gala
8:30-9:30p ADULT MODERN OPEN Cherie	-CORE- 8:30-9:30 Senior II Tap Tech Emily S		-CORE- 8:30-9:30 Senior I Jazz Christy C	8:30-9:30p INT HIP HOP 12yrs + Melissa F	8:15-9:15 ADULT HIP HOP OPEN Tara C	8:15-9:00p INT TAP 12yrs. + Emily S	8:45-9:30 JUMPS & TURNS OPEN Guest	-CORE- 8:15-9:30 Senior Guest Class			8:30-9:30 ADULT BALLET OPEN Eileen J	-CORE- 8:30-9:30 Senior III Jazz Summer	-CORE- 8:30-9:30 Senior I Jazz Christy C	8:30-9:30 ADULT KICK-BOXING Emily S

DANCE IS OUR PASSION...LET IT BE YOURS.....DANCE IS OUR PASSION....LET IT BE YOURS...DANCE IS OUR PASSION...LET IT BE YOURS...DANCE IS OUR PASSION...LET IT BE YOURS
We recommend any Intermediate Jazz and Lyrical Class Students also take a ballet class.

August 25, 2008—June 6th 2009



We offer classes in Ballet, Tap, Jazz, Lyrical, Hip Hop, Acro, Floor Bar, Kickboxing, Core Fusion, Adult Classes and more....



*Pre-school & Primary Programs
Recreational & Technique Classes
ADULT CLASSES*



CC & Co. Dance Complex

Conveniently located at:
8863 Six Forks Road
Raleigh, NC 27615
Six Forks Station Shopping Center
Phone: (919) 846 - 5200
Email: cccodance@yahoo.com
Website: www.cccodance.com

THURSDAY					FRIDAY		SATURDAY		
ROOM 1	ROOM 2	ROOM 3	ROOM 4	ROOM 5	ROOM 1	ROOM 2	ROOM 1	ROOM 2	ROOM 3
10-11am MOVEMT 2.5-3yrs. Sandra J	10-11am INTRO BALLET 4yrs. Chasta H				9:30-10:30 JUMP- STARTS 2yrs. Charlene	9:30-10:30 MOVEMT 3yrs. TBD	10-11am ZUMBA	10-11am BEG/INT HIPHOP & TAP 7-11yrs. Tara	10-11am MOVMT 2-5.3yrs. Cherie
11-12pm INTRO BALLET 4yrs. Sandra J	11-12pm MOVEMT 2.5-3yrs. Chasta H				10:30-11:30 KIDS IN MOTION 3yrs. Charlene	10:30-11:30 INTRO BALLET 4yrs. TBD	11-12pm BEG BALLET JAZZ 7-11yrs. Malea	11-12pm INTRO BALLET 4yrs. Tara	11-12pm INTRO BALLET 4yrs. Cherie
1-2pm MOVEMT 2.5-3yrs. Sandra J				2-3pm INTRO TO ACRO 2.5-4yrs. Summer	11:30-12:30 THEATRIC BALLET 4yrs. Charlene	11:30-12:30 MOVEMT 2.5-3yrs. Kara M	12-1:15 B/T/J 5-6yrs. Cherie	12-1:15 B/T/J II 5-6yrs. Tara	
2-3pm INTRO BALLET 4yrs. Sandra J	3-4pm Adult STRETCH & STRENGTH OPEN Eileen				12:30-1:30 TUMBLE & TWIRL 3-4yrs. Charlene	1:00-2:00 INTRO BALLET 4yrs. Kara M			
-CORE- 4:30-5:30 Junior Tap Emily S	-CORE- 4:30-5:30 Mini I Ballet Eileen J	4:15-5:00 BEG/INT LYRICAL 7-11yrs. Melissa	-CORE- 4:30- 5:30 Mini II Jazz Brooke	4:15- 5:15 ACRO IN- TERME Summer	1:30-2:30 THEATRIC BALLET 4yrs. Charlene	2:00-3pm MOVEMT 2.5-3yrs. Kara M			
-CORE- 5:30- 6:30pm Teen Tap Emily S	-CORE- 5:30- 6:30pm Mini II Ballet Eileen J	5:00-6:00 BEG BALLET 7-11yrs. Adrienne	-CORE- 5:30- 6:30pm Junior Jazz Christy	-CORE- 5:30- 6:30pm Mini I Jazz Summer	4:30-5:30 BEG JAZZ 7-11yrs. Melissa F.	4:15-5:30 B/T/J 5-6yrs. Kara M			
-CORE- 6:30-7:15p Mini II Tap Emily S	-CORE- 6:30-7:30 Junior Ballet Eileen J	6:00-7:00 BEG JAZZ 7-11yrs. Melissa F.	-CORE- 6:30- 7:30 Teen Jazz Christy	6:30- 7:30 ACRO BEG Summer	5:30-6:30 BEG HIP HOP 6-9yrs. Melissa F.	5:30-6:30 BEG HIP HOP 10-12yrs. Tara	FRIDAY		
7:15-8:00 INT TAP 7-12yrs. Emily	-CORE- 7:30-9pm Teen Ballet Eileen J	7:15-8:00 BEG TAP 7-12yrs. Melissa				6:30-7:30 INT HIP HOP 10-12yrs. Tara			
8:15-9:15 ADULT TAP OPEN Emily			8-9pm Adult HIP HOP OPEN Melissa						